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Assessment

Our therapists provide an in-depth assessment of your child at the initial consultation in order to gain a comprehensive understanding of your child's needs. This allows the therapist to prepare the best course of therapy for your child. The assessment process varies for each child depending on their needs, however usually consists of an interview with the child (where possible) and family members as well as a combination of formal and informal assessments. We ensure that each child and family feels comfortable with the therapist and environment prior to starting any formal assessments. At the completion of the appointment, your therapist will provide you with preliminary findings as well as a best treatment path that will ensure that your child gains the highest outcomes of therapy in the shortest period of time.

Assessment Report

It is vital that your child's results are communicated to other team members that have involvement with your child's care. This may include his/her paediatrician, teachers, other therapists and family members. The reports provided to you include not only the assessment scores, but important information about how the particular challenges impact on his/her participation in daily tasks. It also outlines the steps that we will take together to achieve his/her full potential. This will provide information to allow them to better understand the difficulties experienced by your child and where suitable accommodate his/her needs.

Therapy sessions

Your child will find therapy to be a fun and enjoyable experience as our therapists endeavour to provide therapy using play based activities. We utilise the latest research to support our treatment strategies and our clinic is equipped with the latest therapeutic tools. To support your child's therapy needs, our therapists have attended extensive professional development in each area of therapy ensuring that the most up to date therapy advice is provided to you and your child.

Home Visit

Home visits may be scheduled for a number of reasons to support your child's therapy needs. Our flexible approach to therapy allows us to provide therapy in your home environment for times when it is challenging to get to the clinic. You may request home visits or your therapist may suggest that a home based consultation is required for a particular consultation or ongoing therapy. Please note that home visits are not available for after school hours as this is generally our most sought after appointment times in the clinic.

Preschool/School Consultation and Report

Occasionally your child's class teacher or therapist may request a preschool/school visit to observe your child's ability to participate in the class. This provides an opportunity to liaise with your child's teacher and develop a therapeutic relationship as well as to discuss and trial strategies in the class with minimal interruption to the class. Rest assured that our therapists are discrete in the classroom and place minimal emphasis on your child when other children are present therefore reducing the negative stigma to your child from peers. A report outlining strategies and recommendations will be provided following the visit. Please note that fees include travel within local suburbs. Additional charges may be added for more distant schools, however this will be discussed with you prior to the visit being scheduled.

School Recommendations

There may be times when your child's teacher may request recommendations to support his/her needs within the classroom. We are able to provide a school based program that teachers and support staff within the school can implement with ease. The program is usually complimented with a follow up email or phone call to discuss the outcomes of the recommendations and adapted where necessary.

Preschool/School Based Therapy

We understand that it is often difficult to attend therapy within the clinic due to work or other commitments. You may request that your child's therapist conduct ongoing therapy at his/her preschool/school. This can be implemented in a number of ways from class withdrawal for more personal one to one sessions or providing strategies to your child during regular class activities. Children with goals surrounding play/social participation highly benefit from school based therapy. Please note that fees include travel within local suburbs. Additional charges may be added for more distant schools, however this will be discussed with you prior to the visit being scheduled.

Aquatic Therapy

Aquatic therapy uses the stimulation and arousing effects of the water to help children with special needs, sensory issues and motor coordination to reach their full potential. Our uniquely developed aquatic program is designed for children to attend individually, in small groups or parent-child sessions, assist children to improve motor skills and overcome sensory issues as well as developing social interactive skills. Please note that additional pool entry fee is payable to the swim centre.

Kinder Gym

Our Kinder gym program is uniquely developed by a team of Occupational Therapists, Speech Pathologists and Physiotherapists which provides exceptional quality activities that all children are welcome to attend. We are able to modify tasks for children who may require additional assistance to ensure successful participation on each activity. This is delivered by a team of comprehensively trained instructors.

Groups

Throughout the year, South West Kids Clinic offers a number of group programs. Some of these programs are designed to develop a child's ability to interact socially with peers of a similar age within a semi structured environment. Other groups are developed to build on specific skills such as storytelling or handwriting using a group format to add novelty to tasks that are otherwise challenging. Our programs are tailor made to the specific needs of each child within the group and each child has individual goals to achieve. We do not use generic, pre-developed programs within any of our groups.

Funding Applications

Our therapists are highly skilled in providing written documentation to support submissions for funding (for equipment applications, external funding for therapy, home modifications etc). Your therapist will be able to provide you with an estimated cost depending on the documentation required.

Progress Report

From time to time your child may require a report to outline his/her improvements and areas to further need. This may be required prior to a Paediatrician review or used to assist schools or preschools to select appropriate classroom options or to gain additional funding to support your child to succeed at school. Our progress reports provide an accurate account of your child's current therapy goals, areas of improvement, therapeutic recommendations and intervention plan.

Splinting/Casting

Due to the nature of splinting and casting, the fees involved in fitting and fabricating a splint are varied depending of the splint design and fabrication materials. Your therapist will discuss this with you if required.

For more information of our services please feel free to call or visit our clinic. All our latest groups and service information is located on our website:

Liverpool – (02) 9602 3377

Picton – (02) 4677 1577

www.southwestkidsclinic.com.au